

# YOUTH SPORTS *PROGRAMS & CLASSES*

## COACH CASTLE BASKETBALL OFFERINGS



### BASKETBALL SKILL SESSIONS

Basketball Skill Sessions cover individual skills, such as dribbling and shooting, and team oriented skills, such as moving without the ball, screening, and team defense. All sessions are small group sessions with a maximum of 6 players per session; new players are invited to join existing groups. This is a great way to improve your game during the Spring and Summer.

MONDAYS, THURSDAYS, & FRIDAYS 4-5PM

SUNDAY AFTERNOONS

Ages: Entering 4th grade & up

Fee (per session):

Member \$40 Resident \$45 Non-resident \$55

### PRIVATE COACHING SESSIONS

Private coaching sessions are available to those who would like one-on-one instruction with the coach, with no other players present. These sessions can cover any combination of basketball skills and will be tailored to suit each player's needs. A private coaching session is 60 minutes with 100% focus on one player.

MONDAYS, THURSDAYS, & FRIDAYS 4-5PM

SUNDAY AFTERNOONS

Ages: Entering 4th grade & up

Fee (per session):

Member \$65 Resident \$70 Non-resident \$80



### BASKETBALL SUMMER CAMP

This 4-day camp provides a fun learning environment to players of all skill levels and includes fundamental skills, drills, competitions and scrimmages. All players are encouraged to work hard, compete, and be a good teammate. Camp registration includes a camp t-shirt. Participants should bring basketball, appropriate clothing, a light lunch, and a bottle of water.

MONDAY - THURSDAY 9AM - 1PM

July 19 - 22

Ages: Entering 4th - 9th grades

Fee: Member \$160 Resident \$165 Non-resident \$175

### BASKETBALL GUARD SKILLS CAMP

Guards and perimeter players are invited to attend this 1-day camp and take advantage of this opportunity to work on guard-specific skills, drills, and competitions. Come and sharpen up your perimeter game! Camp registration includes a camp t-shirt. Participants should bring basketball appropriate clothing, a light lunch, and a bottle of water.

TUESDAY 9AM - 1PM

August 3

Ages: Entering 5th grade & up

Fee: Member \$50 Resident \$55 Non-resident \$65

### BASKETBALL POST SKILLS CAMP

Forwards and post players are invited to attend this 1-day camp and take advantage of this opportunity to work on post-specific skills, drills, and competitions. Get the skills you need to dominate the low post! Camp registration includes a camp t-shirt. Participants should bring basketball appropriate clothing, a light lunch, and a bottle of water.

WEDNESDAY 9AM - 1PM

August 4

Ages: Entering 5th grade & up

Fee: Member \$50 Resident \$55 Non-resident \$65



### LITTLE ALL-STARS

Your little all-star will be introduced to basketball, soccer, t-ball, and more! Fun for all! Classes will be taught in the Community Center gym and Community Park.

MONDAYS

June 7-28

Ages: Pre-K (3-4 years) 5-5:45PM

K-1st grades 6-6:45PM

Fee: Member \$35 Resident \$40 Non-resident \$50

Instructor: BC Staff

### LITTLE KICKERS

This class introduces your little kickers to basic soccer skills and provides them with scrimmage time to acquaint them with game-like experiences. Classes will be held in the Community Center Gym and Community Park.

TUESDAYS

August 17 - September 7

Ages: Pre-K (3-4 years) 5 - 5:45PM

K-1st Grade 6 - 6:45PM

Fee: Member \$35 Resident \$40 Non-resident \$50

Instructor: BC Staff

END OF SUMMER POOL PARTY P.31

