



Personal Trainer/ Client Training Agreement

I, _____, retain you to render consulting services for the development of an exercise program for me. In exchange and consideration for such services, I agree to pay to you:

\$ _____ for _____ sessions in advance.

(All training sessions purchased are non-refundable and \$45 per session)

Each of the above-indicated sessions shall be 50-55 minute(s) in duration.

I understand that I may cancel any appointment with my trainer by giving him or her 24 hour(s) notice. I also understand that if I fail to provide the aforementioned cancellation notice as indicated may result in my being charged for the full session fee.

I understand that if I'm late for my session, up to 15 minutes, no additional time will be added to complete the full 50-55 minute(s) session and thus will only be able to train for the remaining time.

I understand that if the trainer is more than 5 minutes late, there will be no charge for the session.

I understand that my sessions will expire after 12 months of purchase.

I understand that if I default on my sessions for a period of more than 30 consecutive days, this agreement is hence considered void, and the trainer is released of his or her services to me.

I understand that this agreement may be extended as required by mutual agreement between my trainer and myself.

Signature of Client

Date

Signature of Trainer

Date