

Brushy Creek Community News August 2020



Brushy Creek residents enjoy a uniquely high quality of life with many opportunities to stay socially and physically active. This newsletter provides monthly events to attend with your family and experience *The Brushy Creek Life*®.

*** Subject to change based on Governor Abbott's Orders ***

Please check www.bcmud.org for updates.

End of Summer Drive-In Movie

Physical distance movie party with your neighbors! It's time for the annual End of Summer Party! Relax with neighbors while watching a movie. Bring your popcorn and sweet snacks!

You are welcome to pull in backwards to spots and sit in truck beds/tailgates. We ask that all families stay in their vehicles (NO lawn chairs or picnic blankets) for the safety of the community.



Friday, August 14 8:30 - 10:00 pm "Onward"

Community Center
West Side Parking Lot
*** Register for a parking spot! ***



District Facility COVID-19 Operations

Our operating guidelines are based on Governor Abbott's Executive Orders.

Please see www.bcmud.org
NEWS for all details and updates.

- √ Wash Hands Frequently
- √ 6' Physical Distance
- √ Capacity Limitations
- √ Stay Home if Sick
- √ Face Covering Required

Ice Cream Pie Play Day

Come one and all to celebrate Ice Cream Pie Day! We will have sweet games, crafts and delicious ice cream pie to help us keep cool!



Tuesday, August 18 10:00 - 11:30 am

Racine Woods Park FREE Event!









Pools are Open!

Join us for a swim in one of our pools:

- Cat Hollow Pool
- Highland Horizon Pool
- Creekside Pool
- Sendero Springs Pool



Check website for Pool Hours Calendar

Splash Camp

Meet at Highland Horizon Pool for swimming, crafts and fun water activities! Bring your swimsuit, towel and sunscreen.



Monday - Friday, August 3 - 7 9:00 am - 12:00 pm Highland Horizon Pool

Register Online!

Babysitting Training with Pediatric First Aid/CPR

Provides knowledge and skills necessary to safely give care for children and infants. Participants will learn leadership skills, how to develop their own babysitting business, basic child care, along with Pediatric First Aid/CPR. Please bring a sack lunch. CPR/AED Certification & 1st Aid valid for 2 years.

Saturday, August 1 8:00 am - 6:00 pm

Register Online!

Adult & Pediatric First Aid/CPR/AED

Learn to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants. Meets OSHA/workplace requirements. CPR/AED Certification & 1st Aid valid for 2 years. (Online portion must be completed prior to attending the in-class portion)



Saturday, August 29 5:00 - 7:00 pm

Register Online!

Parents Night Out

Parents go out and kids stay in! Enjoy sports, games, play-ground time, and entertainment - all supervised by our staff. Dinner and a snack are provided. Bring your sleeping bag for movie time! Advance registration is required. (Children must be potty trained).



Friday, August 7 6:00 - 10:00 pm "A Wrinkle in Time"

Register Online!

Child Play Room

The Brushy Creek Community Center offers a Child Play Room for members with children ages 6 months to 7 years. Children may play in the staff supervised Play Room for a maximum of 2 hours per visit while their parent is working out. <u>Guidelines and policies</u> are posted at the Community Center.



Hours of Operation

Monday - Friday 8:00 am - 1:00 pm Monday - Thursday 4:30 pm - 7:30 pm Saturday 8:00 am - 12:00 pm

Brandy Perryman Basketball Shooting Camp

The 20th annual Brandy Perryman Shooting Camp is a 4-day shooting intensive basketball camp that emphasizes the correct shooting technique along with games, contests, fundamental work and lectures. Lunch is provided.



Monday - Thursday August 3 - 6 8:45 am - 4:45 pm

Register online

Hairy Man 5K Training Program & Race

Train with us for the Hairy Man 5K Race! Expert training, nutritional advice and a race t-shirt. Race Day is scheduled for Saturday, October 17, 8:00 am at Creekside Trailhead.



Train with us!

Mondays, August 17 - October 12

6:00 - 7:00 pm

Register Online!









August Fitness Classes

Join us for these fun Fitness Classes:

TRX Strength Class: The TRX Suspension Trainer is the original, best-in-class workout system that leverages gravity and your body weight to perform hundreds of exercises to develop your strength, balance, flexibility, and core stability simultaneously. Designed for all fitness levels to push you to new levels of strength only using your body weight.

Tuesdays & Thursdays, 5:30 - 6:15 pm Register Online!

No Limits Strength: Focus entirely on building strength and muscle while utilizing our training system - **The QUAD**. Focus on every muscle group, maximize muscle, and increase your ability to burn fat.

Mondays, Wednesdays, & Fridays, 6:30 - 7:30 am Register Online!

Hatha Flow Yoga: Use a sequence of movements that "flow" with the breath in a vigorous series to build strength and increase endurance, flexibility, and muscle tone. For yoga students who have practiced yoga for at least one month and are seeking a stronger physical workout in their yoga practice.

Mondays, Wednesdays & Fridays, 8:15 - 9:15 am Register Online!

Barre: A low-impact, fat-burning workout using our **Ballet Barre** with a combination of ballet, light weights and Pilates.
Stretching segments to lengthen body and increase flexibility while toning.

Mondays & Wednesdays, 11:45 am - 12:45 pm Register Online!

Fitness in Creekside Park

Experience a wide range of different exercise routines, from cardio and endurance intervals to strength training utilizing various weights and equipment. Fitness in the Park is suited for everyone!



Saturday, August 8
8:00 am

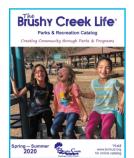
Creekside Park Meet at Basketball Court

Yoga in Sendero Springs Park

Come spend the evening with us! In case of inclement weather, the class will be held at the Community Center.



Thursday, August 20 6:00 - 7:00 pm Sendero Springs Park



April - September 2020
Program Catalog
Available Online!

Updates will be posted at www.bcmud.org

Adult Leagues Registration

Registration has begun for the following Adult Leagues:

League	Registration Dates	League Play Begins
Adult Co-Ed Sand Volleyball	August 3 - 29	September 14
Adult Co-Ed Kickball	August 3 - 29	September 17
Adult Soccer	August 3 - 29	September 25
Adult Co-Ed Volleyball	August 3 - September 19	September 30
Adult Basketball	August 3 - September 19	October 1

Youth Leagues Registration

Registration has begun for the following Youth Leagues:

League	Registration Dates	League Play Begins
Youth Fall Flag Football	June 29 - August 24	September 29
Youth Fall Soccer	June 29 - August 24	September 30
Youth Fall T-Ball	July 6 - August 24	October 3
Youth Fall Volleyball	July 6 - August 24	October 3









Brushy Creek METS Adult Social Group

Mingle ~ Eat ~ Travel ~ Socialize

Join our friendly group of adults/seniors (30+) that get together weekly for fun and friendship.

Activity Calendar: www.bcmud.org/BCMETS

- · Crafting & Sewing
- Bingo with prizes
- Games
- · Special Programming

For more information, please contact: Patty at p.starke@bcmud.org or (512) 255-7871 x224

Garden Club Meeting

Join a fun group of amateur gardeners meeting on the 2nd Tuesday of the month!

**RSVP Rachel Hagan. Children are welcome.



Tuesday, August 11 6:00 - 7:30 pm Community Center Craft Room

Community Center Member Social

Join us for free refreshments and Bingo! Read the newspaper, visit with neighbors, make new friends, tour the Community Center and take a stroll in the peaceful garden.



Wednesday, August 12

7:00 am - 12:00 pm Bingo 10:00 - 11:00 am

Brushy Creek Life Day!

Join us for these FUN family events!

 All Day: Buy 1 Get 1 FREE Brushy Creek Life Shirts. While supplies last.

• 6:30 pm: Hot Yoga in Community Park

• 8:30 pm: End of Summer Drive-In

Movie



Monthly Series Cooking

This is a fun, social class that enjoys cooking and eating together! Each month focuses on a different cooking theme. Instructor: Cynthia Shields



Wednesdays August 5, 12, 19, 26 Sea Food Recipes

4-Day Class 6:30 - 8:30 pm Register Online!

Lebanese Cooking with Lina

Learn to make quick and healthy Lebanese meals with a gourmet twist. Including the healthy benefits of each recipe. A different recipe for each class. Instructor: Lina Omeis



Thursdays August 6, 13, 20, 27

1-Day Class 6:00 - 8:00 pm Register Online!











Contact Us

After hours water emergency: (512) 255-7871 x1

Customer Service Center: 16318 Great Oaks Drive Round Rock, TX 78681

> Monday - Friday 7:00 am - 7:00 pm Saturday 9:00 am - 3:00 pm

Phone or email only (512) 255-7871 x1 Fax: (888) 887-1860

CustomerService@bcmud.org

Permits: are required for most home projects. Visit www.bcmud.org (Utilities & Resident Services > Permits).

Due Date: All water payments are due the 23rd of each month. If the 23rd falls on a weekend or Holiday, payments are due on the next business day.



Summer Water Rates

The water rate increases from \$2.25 per 1,000 gallons to \$2.95 per 1,000 gallons during the months of June through September. Conserving water has a positive impact on your water bills. Visit www.bcmud.org for water conservation tips.



Storm Water Runoff

Runoff from driveways, yards, streets, etc. can pollute our local streams. Always remember that what you wash out into the road has a possibility of ending up in Brushy Creek or Lake Creek.



This polluted storm water runoff can have many adverse effects on plants, fish, animals and people.

- · Sediment can cloud the water and make it difficult or impossible for aquatic plants to grow.
- · Sediment also can destroy aquatic habitat.
- Bacteria and other pathogens can wash into swimming areas and create health hazards.
- Excess nutrients can cause algae blooms. When algae die, they sink to the bottom and decompose in a process that removes oxygen from the water. Fish and other aquatic organisms can't exist in water with low dissolved oxygen levels.
- Household hazardous wastes like insecticides, pesticides, paint, solvents, grease, used
 motor oil and other auto fluids can poison aquatic life. Land animals and people can become sick or die from eating diseased fish or ingesting polluted water.
- Debris—plastic bags, six-pack rings, bottles and cigarette butts—washed into creeks and water bodies can choke, suffocate, or disable aquatic life like ducks, fish, turtles and birds.

Polluted storm water often affects drinking water sources. This, in turn, can affect human health and increase drinking water treatment costs. Always be aware of what you could inadvertently be putting in our local waterways.

Receive your Water Bill by Email

Going paperless is easy with Brushy Creek's Online Water Bill Payment System!



Log in to **myBCWater** on <u>www.bcmud.org</u>:

In Help Box under User Profile

- > Select "Change my Communication Preferences"
- > Uncheck "Print"
- > Check "Email"

Need help? Contact Customer Service at (512) 255-7871 x1.

District Meetings

Board of Directors

Donna B. Parker
Rebecca Tullos
Kim Filiatrault
Michael Tucker
Shean Dalton

President
Treasurer
Secretary
VP, Asst. Sec/Treas

View Board and Committee Meeting Packet details at: www.bcmud.org (District Business Board & Committees > Public Meetings)

Board	August 13, 27	6:00 pm			
Committee					
Parks & Recreation Advisory Committee (PARC)	August 3	6:30 pm			
Community Center Advisory Committee (CCAC)	August 10	6:30 pm			
Utilities Infrastructure Advisory Committee (UIAC)	August 17	6:30 pm			
Other					
Marlins' Swim Team	August 24	7:00 pm			

Neighborhood		
BC North	TBD	
BC South	TBD	
Brushy Creek Village	August 11	7:00 pm
Cat Hollow	August 19	7:00 pm
Cat Hollow Condos	No August Meeting	
Highland Horizon	TBD	
Hunter Brook	TBD	
Meadows	August 18	6:00 pm
Sendero Springs	No August Meeting	
Woods of Brushy Creek	No August Meeting	
Woods VI	TBD	



