

Brushy Creek Community News March 2020



Brushy Creek residents enjoy a uniquely high quality of life with many opportunities to stay socially and physically active. This newsletter provides monthly events to attend with your family and experience *The Brushy Creek Life*®.

Summer Job Fair

Secure your summer job NOW! Train jury and reak to JOIN OUR TEAM! See catalog for the visit and classes.

We are hiring Part-Time:

Lifeguards (age 15+)
Submit your online application

Swing protructors (age 16+)

www.bcmud.org

Swirn Instructors (age 16+)

Camp Counselors (age 17+)

(I Want To... Apply for Job)

Brush ek benefits include:

Fun job with competitive pay

FREE Community Center membership! 50% off sports & classes Flexible, part-time positions

Hiring Fair Wednesday, March 18 5:00 - 7:30 pm

Doggy 4K & Play Day

Join us for a non-competitive 4K with all dogs kept on leash. Then stay for a FREE Doggy Play Day with canine performers, games, contests, and pet vendors. Doggy prizes awarded for best dressed, owner look-alike, and best trick! All dogs must be kept on leash.



Saturday, March 7 9:00 - 11:00 am

4K Registration 8:30 am

Sendero Springs Park

Brushy Creek's Got Talent

Got talent? Bring it to Brushy Creek's Annual Talent Show! Prizes awarded for: Judge's Favorite, Best Solo, Best Group, Best Musical, and Best Dance. The overall winner will be voted on by the audience!



Friday, March 6 6:00 - 8:00 pm

Community Center Gymnasium

Register soon!

Only 30 performance spots available!

New Water Rates - Effective February 1, 2020

The Board-approved water rate increase will appear on your March bill and reflect February consumption. See wwww.bc-mud.org (District Business > Policies, Rules & Rates > Utility Fees > Water Rates) for all details. Changes to rates are:

	2017 Rates	Current Rates Effective Feb 1, 2018	Rates Beginning Feb 1, 2020
Monthly base water rate (standard size meter)	\$14.00	\$14.50	\$15.00
Oct - May Rate (per thousand gallons)	\$2.10	\$2.17	\$2.25
June - Sept Rate (per thousand gallons)	\$2.75	\$2.85	\$2.95

District water rates continue to be one of the lowest in the area. Comparative data can be found on the District's website. Wastewater rates will remain the same as last year, no increase. Please contact Customer Service at (512) 255-7871 x1 with any questions.

Color Run 5K

The Color Run 5k is an un-timed ever with burst of colored powder at each mile many write shirt to show all your colors!

ay, March 21 9:00 am

Sendero Springs Trail

Paperless Billing

Would you like to receive your Water Bill by email?

myBCWater

www.bcmud.org > Pay Water Bill

Log In > User Profile
> "Change my Communication Preferences"
> Uncheck "Print" and CHECK "Email"









Pools are Open!

Join us for a swim in one of our year-round heated pools:

- Highland Horizon Pool
- Sendero Springs Pool



Check website for Pool Hours Calendar

Join us for these classes:

American Red Cross Lifeguarding Course



Learn to recognize and respond quickly and effectively to emergencies and prevent drowning and injuries. Successfully complete the course to receive a lifeguarding with first aid, CPR/AED certification.

Students must pass a pre-course swimming skills test on the first day of class.

Friday, 5:00 - 9:00 pm Saturday & Sunday, 9:00 am - 5:00 pm Creekside Pool

2 Sessions available:

- March 13 15
- March 20 22

American Red Cross Lifeguarding Review Course



For currently certified lifeguards or those whose certification expires less than 30 days prior to class. Participants must have a hard copy of their American Red Cross Certification with them when they arrive to class.

Monday, March 16 OR Friday, March 20 9:00 am - 5:00 pm Creekside Pool

Water Safety Instructor Course



Become a Water Safety Instructor This course trains Water Safety Instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants progress. See catalog for all details.

Friday, 5:00 - 9:00 pm Saturday & Sunday, 9:00 am - 5:00 pm Creekside Pool

2 Sessions available:

- March 13 15
- March 20 22

Spring Community Campout

Kick off your Spring Break with a family camp out! Just bring your tent and we provide Dinner, Movie, Inflatables, Lawn Games, and Fireside Smores. Each family must pre-register to reserve a spot in **Community Park**.



Friday, March 13, 5:00 pm through Saturday, March 14, 9:00 am

Spring Break Fun!



Need something to do over Spring Break? Join us for one of our camps or at our Pool!

Highland Horizon Pool

Enjoy swimming in our heated pool

Monday - Friday, March 16 - 20 10:00 am - 7:00 pm

Camp Spring Fox

Enjoy days full of fun, games, sports, crafts and more while participating in creative theme days. Some days will include field trips. Please send a lunch and a beverage for your child. A snack will be provided. Please register in advance.

March 16 - 20, 7:00 am - 6:00 pm

Spring Break Combination Camp

Choose a half-day camp or a full day of camp fun! Transportation and supervised lunchtime provided for full-day campers.

March 16 - 20 9:00 am - 12:00 pm

9:00 am - 12:00 pm

Outdoor Fun Camp at Pepper Rock Park and/or 1:00 - 4:00 pm

Fun sports at the Community Center

Coach Castle Spring Break Basketball Camp

Improve your game over Spring Break! This 2-day camp provides a fun learning environment to players of all skill levels and includes fundamental skills, drills, competitions and scrimmages. All players are encouraged to work hard, have fun, compete and be a good teammate. Camp registration includes a camp t-shirt & water bottle. Please bring a light lunch. March 16 & 17, 9:00 am - 12:00 pm

Introduction to Python Programming Class

Learn the fundamentals, as well as create simple games and applications using this in-demand computer programming language. Ages: 3rd - 8th grade

March 16 - 20, 9:00 am - 4:00 pm









Babysitting Training with Pediatric First Aid/CPR

Provides knowledge and skills necessary to safely give care for children and infants. Participants will learn leadership skills, how to develop their own babysitting business, basic child care, along with Pediatric First Aid/CPR. Please bring a sack lunch. CPR/AED Certification & 1st Aid valid for 2 years.



Saturday, March 28 8:00 am - 6:00 pm

Register Online!

Adult & Pediatric First Aid/CPR/AED

Learn to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants. Meets OSHA/workplace requirements. CPR/AED Certification & 1st Aid valid for 2 years. (Online portion must be completed prior to attending the in-class portion)



Wednesday, March 18 5:00 - 7:00 pm

Register Online!



Fitness Class Descriptions - FREE with Membership

The Fitness Class Schedule is posted at the community center and online at www.bcmud.org (Parks & Recreation > Fitness). Possible class offerings are described below. Most classes are free to Members. Residents and Non-residents may purchase a Flexible Fitness Pass for classes. Senior ID Pass holders may attend the classes indicated with an *.

Ab Lab: Targets the abdominal and low back regions to strengthen your core muscles and sculpt those abs!

Tue & Fri 10:05 - 10:30 am

Body Shock: Incorporates a variety of total body exercises designed to improve overall health. The class utilizes the barbell strength system and cardio training techniques to improve endurance and build strength. Tuesday/Thursday 6:40am-7:20am

Body Toning: Strengthen and tone the body using weights and body weight to achieve a lean tone body. Mon, Wed, Fri 8:05 - 9:05 am

Cardio/Sculpt: Get your day started without caffeine! This early morning class mixes it up for those who enjoy variety, choreography, and a full body workout. A variety of exercise tools are used to tone and define your entire body. Mon, Wed, Fri 5:40 - 6:20 am

Gentle Yoga: A relaxing combination of breathing and flowing body movements. This mind/body class improves strength, posture, flexibility and balance. Great for beginners! Saturdays 9:15 - 10:15 am

HIIT: Alternate short bouts of high intensity exercise with longer bouts of recovery. This style of exercise is one of the most effective ways to get the results you're looking for. A challenging workout that will build cardiovascular endurance and burn body fat! Modifications will be given based on your abilities. Mon & Wed 5:30 - 6:25 pm

* Let's Move: Have fun and move through a variety of exercises designed to improve your fitness level using a variety of equipment to strengthen your cardiovascular system, balance, core strength and range of motion. Gain quality of life while focusing on your own health and fitness. Great for pre/post natal moms and post-surgery/injury rehab! Mon & Wed 12:50 - 1:50 pm

* Let's Stretch: Complement high intensity classes with gentle flowing stretches to enhance your range of motion and flexibility. Tue & Thu 12:50 - 1:35 pm

Pilates: Target overall strength, balance, flexibility and core strength. Optional hand weights, tubing and stability balls may be used. Mon, Wed, Fri 9:15 - 10:15 am Tue & Thu 11:45 am - 12:45 pm Mon & Wed 6:30 - 7:30 pm

Power Step: Take your fitness to the next level with a step based cardio workout that will make your heart and lungs work more efficiently. Tue & Thu 10:40 - 11:40 am

R.I.P.P.E.D.: The one stop body shock that combines easy, yet effective, cardio routines interlaced with weights and resistance work. R-Resistance, I-Intervals, P-Power, P-Plyometric, E-Endurance, D-Diet Tue & Thu 5:40 - 6:20 am

Saturday Morning Jam: Start your weekend with a dance based exercise class where you will get your heart rate going, working out to rhythms from all over the world. Latin, Line Dance, Bollywood and more for a fun, upbeat workout! Saturdays 10:15 - 11:15 am

STRONG: Train to the beat. STRONG by Zumba® combines body weight, muscle conditioning, cardio and plyometric training moves synced to original music specifically designed to match every single move. Every squat, lunge, burpee is driven by the music, helping you make it to that last rep, and maybe even five more. Mon, Wed, Fri 9:05 - 10:05 am

Yoga: Learn to relax mind and body and in the process release tension and stress in your daily life while increasing flexibility. Mon & Wed 7:45 - 8:45 pm Tue & Thu 8:15 - 9:15 am Sat 8:05 - 9:05 am

Zumba: Ditch the workout and join the party! This easy to follow dance class combines high energy and motivating Latin music. Unique moves and combinations will make you feel like you're partying on the dance floor.

Mon, Wed, Fri 10:40 - 11:40 am Mon & Wed 6:30 - 7:30 pm Tue 9:05 - 10:05 am









Little Hitters

Your little hitter will learn basic motor skills for organized tee ball, baseball, and softball in a fun non-threatening environment. Little Hitters will spend quality time with their parents while having fun.



Tuesdays, March 3 - 24 5:00 - 5:45 pm

Register Online

Storytime in Racine Woods Park

Let's get outside and play! Join us at Racine Woods Park for Crafts, Snacks and Storytime! FREE event for all ages!



Tuesday, March 3 10:00 - 11:30 am

Garden Day

Don't miss this special event led by the state of through and tour the Community of the can participate of the can



Register Online!
October 2019 - March 2020
Program Catalog

Pre-K Gym Play Day

Preschoolers are invited to run and play with friends in the Blue Gym! Jump in the bounce house, throw balls in the low basket and crawl in the tunnels. Parent/guardian supervision required. Open to Everyone! \$1 per child.



Wednesday, March 11 9:30 - 11:30 am Community Center Blue Gym

Rockin' Rhythms

A group music class for babies and toddlers accompanied by a parent or caregiver. We focus on teaching rhythms—the foundation of music. Benefits: helps with concentration, lays the foundation for playing instruments in the future, helps in learning math.



Saturday, March 7 11:00 am - 12:00 pm

Register Online!

Parents Night Out

Parents go out and kids stay in! Enjoy sports, games, playground time, and entertainment - all supervised by our staff. Dinner and a snack are provided. Bring your sleeping bag for movie time! Advance registration is required. (Children must be potty trained).



Friday, March 13 6:00 - 10:00 pm "Save the Trees"

Register Online!

Kid Yoga

Kids improve strength, balance, and confidence through yoga postures, fun games, partner and group poses, and breathing and relaxation techniques. We focus on gratitude and acceptance, encouraging self-awareness and self-regulation in a playful, non-competitive environment. We bark in down dog and fly like birds, all while learning skills that will help kids for years to come! **Register Online!**



Tuesdays, March 3 - 31 3:30 - 4:15 pm 5 - 8 years









March Fitness Classes

Join us in February for these fun Fitness Classes:

TRX Strength Class: The TRX Suspension Trainer is the original, best-in-class workout system that leverages gravity and your body weight to perform hundreds of exercises to develop your strength, balance, flexibility, and core stability simultaneously. Designed for all fitness levels to push you to new levels of strength only using your body weight.

Tuesdays & Thursdays, 5:30 - 6:15 pm Register Online!

No Limits Strength: Focus entirely on building strength and muscle while utilizing our new training system - The QUAD. Focus on every muscle group, maximize muscle, and increase your ability to burn fat. Mondays, Wednesdays, & Fridays, 6:30 - 7:30 am Register Online!

Hatha Flow Yoga: Use a sequence of movements that "flow" with the breath in a vigorous series to build strength and increase endurance, flexibility, and muscle tone. For yoga students who have practiced yoga for at least one month and are seeking a stronger physical workout in their yoga practice.

Mondays, Wednesdays & Fridays, 8:15 - 9:15 am Register Online!

Barre: A low-impact, fat-burning workout using our new **Ballet Barre** with a combination of ballet, light weights and Pilates. Stretching segments to lengthen body and increase flexibility while toning.

Mondays & Wednesdays, 11:45 am - 12:45 pm Register Online!

Fitness in Pepper Rock Park

Experience a wide range of different exercise routines, from cardio and endurance intervals to strength training utilizing various weights and equipment. Fitness in the Park is suited for everyone!



Saturday, March 14 8:00 am

Pepper Rock Park
Meet at Basketball Court

Yoga in Cat Hollow Pa

Come spend the evening with unweather, the class will be held at a positive of the company of th



hity Center.

Thursday, March 19 6:00 - 7:00 pm Cat Hollow Park Meet at Pavilion

BC Doubles Disc Golf Tournament

Two rounds of play (best throw first round, alternating throw second round). Lunch will be provided! Awards for first, second and third Place! Ace Pot and Closest to the Pin is an optional self-managed side event.



Sunday, March 8 9:00 am Tee Off Cat Hollow Disc Golf Course

Youth Leagues Registration

Registration as begun for the following Youth Leagues:

League	Registration Ends	League Play Begins	
Youth Tee Ball	February 24	March 28	
Youth Volleyball	February 24	March 28	
Youth Soccer	February 24	April 8	
Youth Flag Football	March 4	April 7	

Adult League Registration

Register for the following Adult Leagues:

League	Registration Dates	League Play Begins
Adult Co-Ed Sand Volleyball	January 6 - February 22	March 23
Adult Co-Ed Kickball	January 6 - February 22	March 26
Adult Basketball	February 17 - March 21	April 9
Adult Co-Ed Volleyball	February 17 - March 21	April 1

Youth Rock Climbing Class



Discover new heights! Master new skills in a fun environment with rock climbing games and group challenges. Develop strength, endurance and coordination.

Wednesdays, March 4 - 25 Register Online!









Brushy Creek METS Adult Social Group

Mingle ~ Eat ~ Trave(~ 🔊 🖜)

Join us for a trip to the Vanishi & Lunch in Burnet! Transportation is with friends are always welcome! Activity of ar II crafting, Bingo, Games & Special Proof of gavariable online: www.bcmud.org/BCN (TS.

For n ce formation, please contact:
Patty at p.starke@bcmud.org or (512) 255-7871 x224



Wednesday, March 18 Vanishing River Cruise & Lunch in Burnet

Ages: 30+

Garden Club Meeting

Join a fun group of amateur gardener me 2nd 2nd Tuesday of the month!

**RSVP Rachel Hagan. Childr



Tuesday, March 24 6:00 - 7:30 pm Community Center Craft Room

Community Center Member Social

Join us for free refreshments and Bingo! Read the newspaper, visit with neighbors, make new friends, tour the Community Center and take a stroll in the peaceful garden.



Wednesday, March 11

7:00 am - 12:00 pm Bingo 10:00 - 11:00 am

Brushy Creek Life Day!

Join us for these FUN family events!

• All Day: Buy 1 Get 1 FREE Brushy Creek Life Shirts. While supplies last.

• 9:00 - 11:00 am: Doggy 4K & Play Day at Sendero Springs Park

• 12:00 - 2:00 pm: FREE entry to Highland Horizon Pool



Monthly Series Cooking

This is a fun, social class that enjoys cooking and eating together! Each month focuses on a different cooking theme. Instructor: Cynthia Shields



Wednesdays March 4, 11, 18, 25 Heart Healthy

4-Day Class 6:30 - 8:30 pm Register Online!

Lebanese Cooking with Lina

Learn to make quick and healthy Lebanese meals with a gourmet twist. Including the healthy benefits of each recipe. A different recipe for each class. Instructor: Lina Omeis



Thursdays March 5, 12, 26

1-Day Class 6:00 - 8:00 pm Register Online!











Stormwater



March through June begins the rainiest period of the year in central Texas. During this time, it is necessary to be mindful of stormwater runoff. Stormwater runoff is water that flows after a rainfall.

During rainstorms, water drains off driveways, parking lots, rooftops and streets picking up pollutants while flowing to the storm sewer system. Once storm water enters the storm sewer system of inlets, pipes or channels, it flows downstream to the nearest detention or retention pond, creek, lake or river. The pollutants that this runoff picks up can ultimately harm the water body that it flows to.

Residents can reduce the harmful effects of these pollutants by keeping the curb clean in front of their house, making sure yards aren't over fertilized, and keeping their driveway clean of oil or other chemicals. This is just to name a few.

For more information, visit <u>www.bcmud.org</u> > Utilities & Resident Services > Stormwater / Drainage System Information.

Board Actions

 ${f T}$ he Board of Directors approved the following actions at the January 9, 2020, meeting:

- Project Plans for Woods Lift Station Improvement Project and Zebra Mussel Control Mitigation Project
- Work Plans for replacement of WF air controller valves and air compressors
- WF purchases from Hach: laboratory equipment; manifold valves
- GCreek agreement for Cat Hollow Park and Pool restroom renovation and signage
- MTech contract for repair to the hot water lines to the HVAC units
- April to Sept 2020 catalog offerings for Programs and Events and Grounds and Parks Departments

View Board Packet details at: www.bcmud.org (District Business Board & Committees > Public Meetings).









Contact Us

After hours water emergency: (512) 255-7871 x1

Customer Service Office Hours: Monday-Friday: 7:00 am - 7:00 pm Saturday: 9:00 am - 3:00 pm

Customer Service Center 16318 Great Oaks Drive Round Rock, TX 78681 (512) 255-7871 x1

Fax: (888) 887-1860

CustomerService@bcmud.org

Permits are required for most home projects.
Please visit <u>www.bcmud.org</u> (Utilities & Resident Services > Permits) for all information.

Due Date



All water payments are due the 23rd of each month. If the 23rd falls on a weekend or Holiday, payments are due on the next business day.

Ways to Pay



- Online www.bcmud.org (View & Pay)
- Direct Debit submit printable form to setup www.bcmud.org > Pay Water Bill
- Drive-Up Drop Box Large white box near Community Center entrance
- In Person in Customer Service Office or NEW Member Services Office
- By Phone (512) 255-7871 x1
- By Mail 16318 Great Oaks Dr, RR 78681
- Online Banking setup through your bank (Your bank mails the District a check in 3-5 days)

Reduce Bills

Each year during the months of November through February, the District averages water consumption to determine your sewer charge. Your bill due in April will be the first bill with the new sewer average cost. Please contact Customer Service at (512) 255-7871 x1 with any questions.

Board of Directors

Rebecca Tullos Place 1 Treasurer
Michael Tucker Place 2 Asst. Sec/Treas
Kim Filiatrault Place 3 Secretary
Donna B. Parker Place 4 Vice President
Shean Dalton Place 5 President

District Meetings

Join us at a Board, Committee or Neighborhood meeting. All information and meeting packets can be found at www.bcmud.org (District Business Board & Committees). The meeting dates follow:

Board	March 5, 12, 19 March 26	6:00 pm 5:00 pm		
Committee				
Parks & Recreation Advisory Committee (PARAC)	March 2	6:30 pm		
Community Center Advisory Committee (CCAC)	March 9	6:30 pm		
Utilities Infrastructure Advisory Committee (UIAC)	No March Meeting			
Neighborhood				
BC North	TBD			
BC South	TBD			
Brushy Creek Village	March 10	7:00 pm		
Cat Hollow	March 18	7:00 pm		
Cat Hollow Condos	No March Meeting			
Highland Horizon	TBD			
Hunter Brook	TBD			
Meadows	March 24	6:00 pm		
Sendero Springs	TBD			
Woods of Brushy Creek	No March Meeting			
Woods VI	TBD			
Other				
Marlins' Swim Team	March 23	7:00 pm		



October 2019 - March 2020 Program Catalog Available Online!





March 2020 - Calendar of Programs & Events						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 • Hatha Flow Yoga • Barre Class • Kid Fit Tennis	3 • Kinder Classes • Storytime in Racine Woods Park • Kid Yoga • Little Hitters • TRX Strength Class	4 • BC METS Weekly Get Together • Youth Rock Climbing Class • Monthly Cooking Series Class	KidFit Tennis Lebanese Cooking with Lina	6 • Brushy Creek's Got Talent	7 • Brushy Creek Life® Day! • Doggy 4K & Play Day • Rockin' Rhythms
8 • Disc Golf Tournament	9	10	11 BC METS Weekly Get Together No Limits Strength Community Center Member Social Pre-K Gym Play Day Creek	• Lebanese Cooking with Lina	13 Spring Community Campout Lifeguarding Course Water Safety Instructor Course Parents Night Out Brushy Cree Community Cam	pout
Spring Break	16 Camp Spring Fox Spring Break Combination Camp Introduction to Python Programming Lifeguarding Review Coach Castle Basketball Spring Break Camp	17	18 BC METS Group Trip to Vanishing River Cruise & Lunch in Burnet Adult & Pediatric First Aid/CPR/AED	• Yoga in the Park	 20 Lifeguarding Review Lifeguarding Course Water Safety Instructor Course 	• Sendero 5K Color Run
22	23	• Garden Club	25 • BC METS Weekly Get Together	26 • Lebanese Cooking with Lina • Garden Day	• Teen Movie in the Park MOVIE ON THE LAWN	28 • Babysitting Training with Pediatric First Aid/CPR
29	30 • Hatha Flow Yoga	31	* Information on all events is located in our catalog. * Class Sessions begin on the dates indicated.			